

PSALM 32 (NIV)

1 Blessed is the one
whose transgressions are
forgiven,
whose sins are covered.
2 Blessed is the one
whose sin the Lord does not
count against them
and in whose spirit is no
deceit.
3 When I kept silent,
my bones wasted away
through my groaning all day
long.
4 For day and night
your hand was heavy on me;
my strength was sapped
as in the heat of summer.
5 Then I acknowledged my sin
to you
and did not cover up my
iniquity.
I said, "I will confess
my transgressions to
the Lord."
And you forgave
the guilt of my sin.
6 Therefore let all the faithful
pray to you

while you may be found;
surely the rising of the mighty
water will not reach them.
7 You are my hiding place;
you will protect me from
trouble
and surround me with songs
of deliverance.
8 I will instruct you and teach
you in the way you should go;
I will counsel you with my
loving eye on you.
9 Do not be like the horse or the
mule,
which have no understanding
but must be controlled by bit
and bridle
or they will not come to you.
10 Many are the woes of the
wicked,
but the Lord's unfailing love
surrounds the one who
trusts in him.
11 Rejoice in the Lord and be
glad, you righteous;
sing, all you who are upright
in heart!

Naked and Afraid: The Blessing of Confession

1. THE NEED FOR CONFESSION (v. 1-2)

2. THE COVER UP (v.5-7)

3. CLOTHED IN CHRIST (v.8-9)