

## FEATURED SPEAKER:

### Tara-Leigh Cobble



Tara-Leigh is a writer, speaker, songwriter, singer, and founder of D-Group. She was raised in a Christian home, yet after reading the Bible cover to cover in 2008 she recognized a need to have others walking closely alongside her in her pursuit of God. Out of this need she founded D-Group, an

international network of people studying the Bible with "Scripture as its roots and community as its fruit". She lives in a concrete box in the skies of Dallas, TX, where she has no spouse, pets, or children -- or anything else that might die if she forgets to feed it.

## WORSHIP LEADER:

### Denise Pass

Denise is an author, speaker and worship leader for Seeing Deep Ministries. She is the author of "Shame Off You" (released in August 2018) and "31 Days to Hope Reinvented". When she is not traveling to speak or sing about Jesus, she is home educating, working as an executive assistant and leading worship at her home church.



Denise lives with her husband and five children in Fredericksburg, VA. You can find Denise's books, music and podcast on her website: [www.denisepass.com](http://www.denisepass.com), a cozy place on the web where visitors find healing and grace.

## COST

Cost of the retreat includes a two night hotel space— one, two, or three people per room with queen beds, 5 meals, retreat materials and FUN!

Refunds will not be given after March 5. We are sorry for any inconvenience this may cause.



## OTHER STUFF

- Who may attend? Women, college age or older! Friends, neighbors, family, whoever would enjoy and benefit from a girls weekend! Mothers with a nursing infant are welcome to attend.
- Dress is casual. Please wear whatever makes you comfortable.
- Please bring a Bible and an open heart.



## DESTINATION

*We're heading to West Virginia!*

The Hilton Garden Inn is located near downtown Martinsburg where you will find plenty of shops, restaurants and history.

Your room will have a 40-inch HDTV, work desk, sofa bed, ergonomic chair and complimentary WiFi. It also features a Keurig® brewing system, mini-fridge and microwave.

Also, close by, are the Hagerstown Premium Outlets, the Martinsburg Mall, several Farmer's Markets and plenty of scenic driving.

## REGISTRATION RATES

Room Type (please check one):

- 1 person per room \$390
- 2 people per room \$260 per person
- 3 people per room \$225 per person

## ROOMMATES

*All roommate names must be provided at the time of registration.*

- My roommate choice(s):

1. \_\_\_\_\_

2. \_\_\_\_\_

## CONTACT INFO

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

- Please do not include me in the retreat directory.

## SPECIAL NEEDS:

- I need a Handicapped Accessible Room.
- I need seating for hearing/sight impairment.

## REGISTRATION INFO

For your convenience you can choose how you would like to register.

- Online at [www.cedarrun.net](http://www.cedarrun.net)
- Mailing this registration form and check ("Women's Retreat" in the memo line) to the church by March 3.
- Bringing it to the WM Retreat table in the community room by March 3.

## EMERGENCY CONTACT

In the unlikely event of an emergency please list someone we can contact.

NAME: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_

In addition to the registration fee, I would like to donate \$\_\_\_\_\_ to the retreat scholarship fund.

- I understand refunds will not be given after March 5. (Please check when read.)

*Payment in full must accompany your registration.*

### ADMIN ONLY

Paid by Cash \$\_\_\_\_\_

Paid by Check \$\_\_\_\_\_ #\_\_\_\_\_

Final Amount \$\_\_\_\_\_ Initial\_\_\_\_\_

## MENU INFORMATION

This year we will be enjoying all our meals together. We have worked to create the most accommodating menu for our retreat attendees. Please reference the menu options in the weekend schedule below for more details. No additional menu changes are available, but there is a microwave and refrigerator in your room should you need to bring additional food to supplement what is provided.

## WEEKEND SCHEDULE

### FRIDAY, MARCH 29

5-7pm Registration  
 7pm Dinner: GF Pasta\*, Alfredo Sauce\*\*, Marinara Sauce, Beef and Pork Meatballs, Roasted Vegetables  
 8pm "Abiding in Christ: The Struggle for Joy"

### SATURDAY, MARCH 30

7-8am Breakfast: GF Grits\*\*, GFOatmeal, Cereal, Cottage Cheese\*\*, Fresh Fruit, Scrambled Eggs, Pork Sausage, GF Breakfast Potatoes, Croissants  
 9am "Rest: A Battle Fought & Won"  
 12pm Lunch: Deli Tray, Hard Boiled Eggs, Salad, Bread  
 1pm Free Time  
 5:30pm Dinner: Salad, Lemon and Herb Tilapia, Chicken (Champagne Sauce\*\* served on the side), Green Beans, GF Fingerling Potatoes\*  
 7pm "Overflow: The Promise of Abiding"  
 9pm Optional Social Time

### SUNDAY, MARCH 31

7-8am Breakfast: GF Grits\*\*, GFOatmeal, Cereal, Cottage Cheese\*\*, French Toast\*\*, Fresh Fruit, Pork Bacon, GF Hash Browns, Hard Boiled Eggs  
 9am "Green Pastures: The Shepherd & His Sabbath"

\* The Hilton Garden Inn is not a gluten-free kitchen. Cross-contamination could occur, and we are unable to guarantee that any food item can be completely free of allergens. \*\* Contains dairy

Cedar Run Community Church  
Women's Ministry Presents



**MARCH 29-31**  
**MARTINSBURG, WV**

*Come away from the daily demands of life for personal renewal, spiritual reflection and physical relaxation.*

*In addition to the insightful messages and inspirational music, you will have an opportunity to develop new and deeper friendships.*

*We hope you'll join us.*

**COME TO ME, ALL WHO LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST. - MATTHEW 11:28**